

# **NORTHERN LIGHTS FAMILY MEDICINE**

## NEW PATIENT HISTORY FORM

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_  
 Address: \_\_\_\_\_ Telephone: Home: \_\_\_\_\_ Work: \_\_\_\_\_  
 \_\_\_\_\_ Employer/Occupation: \_\_\_\_\_  
 \_\_\_\_\_

Current/Main medical problem: \_\_\_\_\_

Wear Glasses? **Y** **N** Blind? **Y** **N** Wear Hearing Aids? **Y** **N** Deaf? **Y** **N**

What specifically do you want to be seen for or have covered at this visit?

\_\_\_\_\_  
 \_\_\_\_\_

### PREVIOUS ILLNESSES

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Tuberculosis         | <input type="checkbox"/> Lung disease         | <input type="checkbox"/> Heart Problems |
| <input type="checkbox"/> Rheumatic Fever      | <input type="checkbox"/> High Blood pressure  | <input type="checkbox"/> Ulcer          |
| <input type="checkbox"/> Anemia/blood disease | <input type="checkbox"/> Sickle Cell Anemia   | <input type="checkbox"/> Cancer         |
| <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Thyroid Disease      | <input type="checkbox"/> Kidney Disease |
| <input type="checkbox"/> Serious Injuries     | <input type="checkbox"/> Neurological disease | <input type="checkbox"/> Liver Disease  |
| <input type="checkbox"/> Gallbladder Disease  | <input type="checkbox"/> Mental Illness       | <input type="checkbox"/> Other: _____   |

Please list hospitalizations, surgeries, accidents, operations or major illnesses:

Year	Illness or Operation	Year	Illness or Operation

### MEDICATIONS:

Name	Dose	Frequency	Name	Dose	Frequency

Over the counter medications: \_\_\_\_\_

What supplements, vitamins or herbal preparations do you use? \_\_\_\_\_

### ALLERGIES and ADVERSE REACTIONS

Medications/food/other	Year	Reaction/Symptoms

MM

**HEENT:**

- \_\_\_\_\_ Headaches/dizziness
- \_\_\_\_\_ Eyes/Vision
- \_\_\_\_\_ Ears/Hearing
- \_\_\_\_\_ Hay Fever/Allergies
- \_\_\_\_\_ Nosebleed/Sinuses
- \_\_\_\_\_ Mouth/Teeth
  
- \_\_\_\_\_ Goiter or Growth

**CHEST/RESPIRATORY**

- \_\_\_\_\_ Wheezing/coughing
- \_\_\_\_\_ Shortness of Breath
- \_\_\_\_\_ Pain/swelling arms/legs
- \_\_\_\_\_ Chest pain/pressure
- \_\_\_\_\_ Nipple Discharge
- \_\_\_\_\_ Breast Lumps
- \_\_\_\_\_ Heart fluttering

**SKIN**

- \_\_\_\_\_ Rash/itching/hives
- \_\_\_\_\_ Bruise easily
- \_\_\_\_\_ Lumps or growths

**GASTROINTESTINAL:**

- \_\_\_\_\_ Abdominal pain/indigestion
- \_\_\_\_\_ Severe Nausea or Vomiting
- \_\_\_\_\_ Change in stool habits, bleeding
- \_\_\_\_\_ Change in appetite
- \_\_\_\_\_ Hernia
- \_\_\_\_\_ Hemorrhoids

**GENITOURINARY:**

- \_\_\_\_\_ Painful/burning/difficult urination
- \_\_\_\_\_ Blood in urine
- \_\_\_\_\_ Vaginal or penile discharge

**MUSKULOSKELETAL:**

- \_\_\_\_\_ Back/joint/muscle pain
- \_\_\_\_\_ Tremor/weakness
- \_\_\_\_\_ Joint Swelling
- \_\_\_\_\_ Broken bones
- \_\_\_\_\_ Chiropractic treatment
- \_\_\_\_\_ Falling

**NEUROLOGY:**

- \_\_\_\_\_ Seizure disorder
- \_\_\_\_\_ Stroke
- \_\_\_\_\_ Numbness/tingling

**HEMATOLOGY/ENDOCRINOLOGY**

- \_\_\_\_\_ Chills/Fever/Sweats
- \_\_\_\_\_ Lack of Energy
- \_\_\_\_\_ Frequent Urination
- \_\_\_\_\_ Weight Change

\_\_\_\_\_ Birth Control Method

**MEN ONLY:**

\_\_\_\_\_ Sexual Problems      \_\_\_\_\_ Prostate Problems      \_\_\_\_\_ Testicular pain/swelling  
 Do you perform Testicular Self-exams: \_\_\_\_\_ If yes, how often? \_\_\_\_\_

**WOMEN ONLY:**

Date of Last Mammogram: \_\_\_\_\_ Do you perform Breast self-exams? \_\_\_\_\_ If yes, how often?  
 Date of Last Pap test: \_\_\_\_\_ Abnormal PAP results: \_\_\_\_\_ Sexual Problems: \_\_\_\_\_  
 Date of Last Menstrual Period: \_\_\_\_\_ Age of Menstrual Onset: \_\_\_\_\_ Hot Flashes: \_\_\_\_\_  
 Flow: heavy moderate light      Days of flow: \_\_\_\_\_ Length of Cycle: \_\_\_\_\_  
 Pain/cramps w/menstrual flow: \_\_\_\_\_ Irregular Periods: \_\_\_\_\_ Bleeding between periods \_\_\_\_\_  
 Number of Live Births: \_\_\_\_\_ Number of Inducted Abortions: \_\_\_\_\_ Number of Miscarriage: \_\_\_\_\_

Since your last visit, have you been hit, hurt, threatened or frightened by a friend or relative?  
 \_\_\_\_\_

Since your last visit, has anyone forced you to have sexual activities? \_\_\_\_\_

\_\_\_\_\_  
*Patient Signature*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Provider Signature*

\_\_\_\_\_  
*Date*

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*Patient Signature*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Provider Signature*

\_\_\_\_\_  
*Date*

